



POOL, COURTS & KIDZ CALENDAR 2023



ADULT & YOUTH TENNIS

JUNIOR GOLF

POOL & FITNESS

KIDZ DAY CAMP





2023 SWIM PROGRAM

Pool & Snack Bar Hours Beginning Saturday, May 27, 11 a.m. - 8 p.m. on weekends until September 4. Weekdays 3 p.m. - 8 p.m. until June 9 and then every day 11 a.m. to 8:00 p.m. until August 20. From Aug 21-Sep 1, weekdays from 3:30 p.m. - 8 p.m. (Pool may close earlier if no members present.) *Snack Bar Menu with pool side cocktail service!* If inclement weather, the pool may close early. Please call ahead to be safe, 517-783-1744.

Lessons

Arrange **private lessons** at the sign-in table with the Pool Director, Drew Bundy. Individual and group lessons may be available.

2023 Guidelines

- ▶ Members must register daily on entry to the pool (State Board of Health Law)
- ▶ Guests must be signed in at the check-in table.
- ▶ Pool bathrooms and showers are available in the Day Camp facility.
- ▶ Pool lockers will be open for use. Fitness room locker rooms are reserved for fitness users only.
- ▶ Pool toys will be permitted. Rafts blocking lifeguard sight lines to the bottom of the pool are not permitted at the Pool Director's discretion.

2023 POOL PARTIES!

Saturday, August 19
DJ at the Pool!



Pool Director: Drew Bundy
At the Pool: 782-1744
Drewbundy19@yahoo.com



POOL RULES

- ▶ The Pool is under the direct authority of the pool Director and the assistants who will have the authority to control all swimmers and participants. Members may not reprimand any employee.
- ▶ Issues needing immediate attention should be brought to the attention of the Pool Director or Club Manager. Complaints about other members' conduct should be made to the Board of Directors in writing.
- ▶ Children 12 and under may not be left at the Club unattended. They are required to participate in the Kids Camp program or be supervised by an adult.
- ▶ Children with flotation devices NOT COAST GUARD APPROVED must have parent/guardian supervision within arm's reach of the child.
- ▶ No running, pushing or horseplay.
- ▶ Food or beverage not purchased at the Snack Bar is not allowed at the pool.
- ▶ Children are not allowed in the fitness area or locker room.



Join our popular **Water Zumba Class** on Wednesdays at 8:30am and Fridays at 9:30am beginning Wed., May 31.
Punch card 10 for \$60 or \$8 per class
Instructor: Michelle Woods | Questions? Call 517-206-1974

2023 POOL GUESTS

Considered Members:

- ▶ Single son or daughter over 21 that is a full-time student
- ▶ Single son or daughter under 21

Considered Guests:

- ▶ Married sons or daughters of any age
- ▶ Single sons or daughters 21 years or older who are not students
- ▶ Grandchildren
- ▶ Anyone else

In-Town Guests limited to 10 visits per season.
Guest Fee is \$5.00 per person.



2023 JUNIOR GOLF

The school year is coming to an end, meaning kids activity season is ramping up at CJC! Junior golf begins on June 14, but we hope to see many of you on the course before instruction begins. We have the luxury of having 27 holes here and would love to see parents using the less busy 9 as a great opportunity to get your kids on the course. The more kids play and learn the many nuances of the game, the more they will enjoy success, improvement and the challenges of golf. **Wednesdays** will continue to be instructional clinic days for our junior program. Ages 9-17 will receive instruction from 9-10 a.m. and ages 6-8 from 10:30-11:30 a.m. All aspects from etiquette, putting, short game, iron play and woods will be covered. We strongly encourage using this time to establish strong, repeatable fundamentals. Learning these skills will help make golf a fun and healthy lifelong activity. If you have any questions or concerns, feel free to bring them up with any of the professional staff (Rob Beurmann, Henry Thompson and Patrick Humphrey).



2023 Schedule - Wednesdays

- June 14: Registration/Introduction to the program
 - June 21: Short game
 - June 28: Iron Play
 - July 12: Full swing (focus on driver/fairway woods)
 - July 19: Scramble (parents needed to shuttle kids)
 - Aug 2: Lessons/Prep for Jr. Club Championship
 - Aug 4: Jr. Club Championship/Awards Banquet
- Parents are welcome to join us for lunch and awards presentation.*

Junior Golf Clinics - \$95/child

- 9:00 a.m. - 10:00 a.m. – Ages 9-17
- 10:30 a.m. – 11:30 a.m. – Ages 6-8

Call: 782-5347 for Sign-up

Henry Thompson, Patrick Humphrey or
Ron Beurmann



2023 KIDZ CAMP

Daily from Monday, June 12th - Friday, August 18th

Please contact the Lead Day Camp Director, Michaela, for availability at kidscamp@countryclubofjackson.com.

Camp Hours: 8:00 a.m. - 5:00 p.m.

Kidz Camp Room: 990-0051

Michaela, Camp Director: 392-7049

Limited number of children will be allowed (35).

Scheduled activities, games and crafts for children ages 4 to 11.

We urge parents to **CALL AHEAD for sign-up** to avoid being turned away.

Enjoy these specials on **"Chef Tim Days!"**

June 22 – Taco Day

July 6 – Cupcakes

July 20 – Grilled Cheese

August 3 – Pizza

August 17 (final week) – Ice Cream Sundaes

**Lunch includes entrée, side dish and drink.*

Kidz Day Camp Options

-Full Day (Lunch Included*)

8:00 a.m. to 5:00 p.m.

One child \$45

Each additional child \$35

-Half Day (Lunch Included*)

8:00 a.m. to 12:30 p.m.

One child \$30

-Half Day (No Lunch)

8:00 a.m. to 11:30 a.m. or

12:30 p.m. to 5:00 p.m.

One child \$20

Weekly Themes:

June 12 - Getting to Know You

June 19 - Insects & Arachnids

June 26 - Under the Sea

July 5-7 - Super Silly Science

July 10 - Christmas in July

July 17 - Animals & Their Habitats

July 24 - Sports & Being Healthy

July 31 - Wonders of Nature

August 7 - Everything Out of This World

August 14 - Hollywood & Film



2023 TENNIS PROGRAMS

We are extremely excited about the upcoming season. **Tennis**, as you know, is one of the most important country club sports. For many of us, it is a lifetime sport. Both hard courts have also added lines for **Pickleball**. Pickleball is a great social racquet sport that can also be very competitive. If you haven't tried it yet – give Caleb a call to show you the ins and outs! With interest, we'd love to add some social events around this fun game.

The United States Tennis Association has developed the special programs that our Club is using to introduce kids to tennis - particularly ten and under kids. For those kids we have larger, softer balls that are easier to hit and smaller courts. We have lots of programs to meet anyone's needs. To register for a program or to get private lessons, just contact tennis pro, Caleb Tripp.

Adult or Youth Private Lessons

Call or text Caleb Tripp (517-745-4556), or e-mail him at caleb.tripp@icloud.com. \$32 per hour.

Lesson Packages

3 one-hour lessons, \$78 | 5 one-hour lessons, \$125

Tennis for Everyone! Grab Your Tennis Racket and Join the Fun!

2023 Tennis Schedule

Mondays

Courts Open for Play – Pool Open
(Clubhouse & Golf Course Closed)

Tuesdays

Pickleball, 6-8 p.m.

Starts June 6 | Ends August 15

Tuesdays and Thursdays

Youth Tennis Clinics, June 13-Aug 17

See next page for details.

Wednesdays

"Hit with the Pro," all levels welcome, 6-8 p.m.

Starts June 7 | Ends Aug 16



2023 JUNIOR TENNIS

First day of Youth Tennis Clinics: Tuesday, June 13 2023
Season Ending Awards Banquet: Thursday, Aug 17, 2023

Clinics limited to 20 kids per session.
We will add sessions if needed.

Session 1 (3 weeks - 6 lessons)

June 13th through June 29th
\$45 per child

Session 2 (5 weeks - 10 lessons)

July 18th through August 17th
\$75 per child

Call or Text to Sign Up:

Caleb Tripp, 517-745-4556
caleb.tripp@icloud.com

2023 Schedule (Tuesdays/Thursdays)

Beginning June 13, 2023

8:30 a.m. - 9:30 a.m. - Ages 4-6

9:40 a.m. - 10:40 a.m. - Ages 7-9

10:50 a.m. - 11:50 a.m. - Ages 10-12

12:00 p.m. - 1:00 p.m. - Ages 13-15



Meet Your CCJ Tennis Pros

Caleb Tripp is the Racquet Sports Director for the Country Club of Jackson and is excited to serve the youth and adults interested in tennis and pickleball. Caleb fell in love with tennis in middle school and played one singles and one doubles in high school at Western H.S. During this time, he served as team captain and earned all-conference and honorable mention all-state honors.



Caleb's collegiate career began at Indiana Wesleyan University, and he was part of the 2022-23 conference championship and final four teams his freshmen year. Caleb transferred to Spring Arbor University during his sophomore year and is currently part of the men's tennis team. He is pursuing a degree in education specializing in secondary social studies.



Maggie Page, a Club Co-Pro this summer, has played 1 Singles at Lumen Christi throughout high school. She has signed to play D2 Tennis at Belmont Abbey College in North Carolina. She plays tennis year-round, including competing in USTA and ITA tournaments. Maggie just spent 3 weeks training again this February at Van Der Meer Tennis Academy in Hilton Head, South Carolina.

Director of Racquet Sports: Caleb Tripp, 517-745-4556, caleb.tripp@icloud.com

Tennis Pro: Maggie Page, 517-745-4046, maggiepage@myjacs.org



Tennis Equipment

There are tennis rackets, balls, pickleballs, and pickleball paddles for members to use in the tennis shed, which can be accessed through the door on the east side of the tennis shack. Contact a tennis staff member for the lock code. There are two (2) Ball Machines available for use in the Shack for your enjoyment. Please return the equipment to the tennis shed after use.



Fitness Classes

Mondays

8:00 am, Strength Training/Cardio with Ty Rodriguez (\$8/class)

Tuesdays

5:30 pm, Strength Training with Ty Rodriguez (\$8/class)

Wednesdays

8:00 am, Strength Training/Cardio with Ty Rodriguez (\$8/class)

8:30 am, Water Zumba with Michelle Woods (\$8/class)

(beginning May 31, ending August 30)

Thursdays

5:30 pm, Strength Training with Ty Rodriguez (\$8/class)

Fridays

9:30 am, Water Zumba with Michelle Woods (\$8/class)

(beginning June 2, ending September 1)

2023 FITNESS CENTER

The Fitness Room is available 24-7, 12 months a year. You need an App to enter. Membership Director Wendy Zaggy can access this for you. Absolutely No Guests. No one under 16 years is permitted without an adult and must be there to train. No children, please.

Personal Trainers:

Michelle Woods: 517-206-1974

Bob Moles: 517-788-6086

Jeff Beagle: 517-795-4970

Ty Rodriguez: 517-937-5223

By Appointment, \$40/session

May 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21	22	23	24	25	26	27 Pool Open 11am-8pm
28 Pool Open 11am-8pm	29 MEMORIAL DAY Pool Open 11am-8pm	30 Pool Open 3pm-8pm	31 Hit w/Pro Tennis 6-8pm Strength/Cardio 8:00am Water Zumba 8:30am Pool Open 3pm-8pm	1	2	3

June 2023

July 2023

Su	Mo	Tu	We	Th	Fr	Sa
25	26	27	28	29	30	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31 Hit w/Pro Tennis 6-8pm Strength/Cardio 8:00am Water Zumba 8:30am Pool Open 3pm-8pm	1 Strength 5:30pm Pool Open 3pm-8pm	2 Water Zumba 9:30am Pool Open 3pm-8pm	3 Pool Open 11am-8pm
4 Pool Open 11am-8pm	5 Strength/Cardio 8:00am Pool Open 3pm-8pm	6 Pickleball 6-8 pm Strength 5:30pm Pool Open 3pm-8pm	7 Hit w/Pro Tennis 6-8pm Strength/Cardio 8:00am Water Zumba 8:30am Pool Open 3pm-8pm	8 Strength 5:30pm Pool Open 3pm-8pm	9 Water Zumba 9:30am Pool Open 3pm-8pm	10 Pool Open 11am-8pm
11 Pool Open 11am-8pm	12 Strength/Cardio 8:00am Kidz Camp 8am-5pm Pool Open 11am-8pm	13 Junior Tennis Pickleball 6-8 pm Strength 5:30pm Kidz Camp 8am-5pm Pool Open 11am-8pm	14 Junior Golf Hit w/Pro Tennis 6-8pm Strength/Cardio 8:00am Water Zumba 8:30am Kidz Camp 8am-5pm Pool Open 11am-8pm	15 Junior Tennis Strength 5:30pm Kidz Camp 8am-5pm Pool Open 11am-8pm	16 Water Zumba 9:30am Kidz Camp 8am-5pm Pool Open 11am-8pm	17 Pool Open 11am-8pm
18 Pool Open 11am-8pm	19 Strength/Cardio 8:00am Kidz Camp 8am-5pm Pool Open 11am-8pm	20 Junior Tennis Pickleball 6-8 pm Strength 5:30pm Kidz Camp 8am-5pm Pool Open 11am-8pm	21 Junior Golf Hit w/Pro Tennis 6-8pm Strength/Cardio 8:00am Water Zumba 8:30am Kidz Camp 8am-5pm Pool Open 11am-8pm	22 Junior Tennis Strength 5:30pm Kidz Camp 8am-5pm Chef Tim's Tacos! Pool Open 11am-8pm	23 Pool Party! 6-9 pm Water Zumba 9:30am Kidz Camp 8am-5pm Pool Open 11am-8pm	24 Pool Open 11am-8pm
25 Pool Open 11am-8pm	26 Strength/Cardio 8:00am Kidz Camp 8am-5pm Pool Open 11am-8pm	27 Junior Tennis Pickleball 6-8 pm Strength 5:30pm Kidz Camp 8am-5pm Pool Open 11am-8pm	28 Junior Golf Hit w/Pro Tennis 6-8pm Strength/Cardio 8:00am Water Zumba 8:30am Kidz Camp 8am-5pm Pool Open 11am-8pm	29 Junior Tennis Strength 5:30pm Kidz Camp 8am-5pm Pool Open 11am-8pm	30 Water Zumba 9:30am Kidz Camp 8am-5pm Pool Open 11am-8pm	1

July 2023

August 2023

Su	Mo	Tu	We	Th	Fr	Sa
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25 Pool Open 11am-8pm	26 Pool Open 11am-8pm	27 Pool Open 11am-8pm	28 Pool Open 11am-8pm	29 Pool Open 11am-8pm	30 Water Zumba 9:30am Kidz Camp 8am-5pm Pool Open 11am-8pm	1 Pool Open 11am-8pm
2 Pool Open 11am-8pm	3 Pool Open 11am-8pm	4 Pickleball 6-8 pm Strength 5:30pm Pool Open 11am-8pm	5 Hit w/Pro Tennis 6-8pm Strength/Cardio 8:00am Water Zumba 8:30am Kidz Camp 8am-5pm Pool Open 11am-8pm	6 Strength 5:30pm Kidz Camp 8am-5pm Chef Tim's Cupcakes! Pool Open 11am-8pm	7 Water Zumba 9:30am Kidz Camp 8am-5pm Pool Open 11am-8pm	8 Pool Open 11am-8pm
9 Pool Open 11am-8pm	10 Strength/Cardio 8:00am Kidz Camp 8am-5pm Pool Open 11am-8pm	11 Pickleball 6-8 pm Strength 5:30pm Kidz Camp 8am-5pm Pool Open 11am-8pm	12 Junior Golf Hit w/Pro Tennis 6-8pm Strength/Cardio 8:00am Water Zumba 8:30am Kidz Camp 8am-5pm Pool Open 11am-8pm	13 Strength 5:30pm Kidz Camp 8am-5pm Pool Open 11am-8pm	14 Water Zumba 9:30am Kidz Camp 8am-5pm Pool Open 11am-8pm	15 Pool Open 11am-8pm
16 Pool Open 11am-8pm	17 Strength/Cardio 8:00am Kidz Camp 8am-5pm Pool Open 11am-8pm	18 Junior Tennis Pickleball 6-8 pm Strength 5:30pm Kidz Camp 8am-5pm Pool Open 11am-8pm	19 Junior Golf Hit w/Pro Tennis 6-8pm Strength/Cardio 8:00am Water Zumba 8:30am Kidz Camp 8am-5pm Pool Open 11am-8pm	20 Junior Tennis Strength 5:30pm Kidz Camp 8am-5pm Chef Tim's Grilled Cheese! Pool Open 11am-8pm	21 Water Zumba 9:30am Kidz Camp 8am-5pm Pool Open 11am-8pm	22 Pool Open 11am-8pm
23 Pool Open 11am-8pm 30	24 Strength/Cardio 8:00am Kidz Camp 8am-5pm Pool Open 11am-8pm 31	1 Pool Open 11am-8pm	2 Pool Open 11am-8pm	3 Pool Open 11am-8pm	4 Pool Open 11am-8pm	5 Pool Open 11am-8pm

August 2023

September 2023

Su	Mo	Tu	We	Th	Fr	Sa
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1 Junior Tennis Pickleball 6-8 pm Strength 5:30pm <i>Kidz Camp 8am-5pm</i> Pool Open 11am-8pm	2 Junior Golf Hit w/Pro Tennis 6-8pm Strength/Cardio 8:00am Water Zumba 8:30am <i>Kidz Camp 8am-5pm</i> Pool Open 11am-8pm	3 Junior Tennis Strength 5:30pm <i>Kidz Camp 8am-5pm</i> <i>Chef Tim's Pizza!</i> Pool Open 11am-8pm	4 Jr. Club Championship Awards Banquet Water Zumba 9:30am <i>Kidz Camp 8am-5pm</i> Pool Open 11am-8pm	5 Pool Open 11am-8pm
6 Pool Open 11am-8pm	7 Strength/Cardio 8:00am <i>Kidz Camp 8am-5pm</i> Pool Open 11am-8pm	8 Junior Tennis Pickleball 6-8 pm Strength 5:30pm <i>Kidz Camp 8am-5pm</i> Pool Open 11am-8pm	9 Hit w/Pro Tennis 6-8pm Strength/Cardio 8:00am Water Zumba 8:30am <i>Kidz Camp 8am-5pm</i> Pool Open 11am-8pm	10 Junior Tennis Strength 5:30pm <i>Kidz Camp 8am-5pm</i> Pool Open 11am-8pm	11 Water Zumba 9:30am <i>Kidz Camp 8am-5pm</i> Pool Open 11am-8pm	12 Pool Open 11am-8pm
13 Pool Open 11am-8pm	14 Strength/Cardio 8:00am <i>Kidz Camp 8am-5pm</i> Pool Open 11am-8pm	15 Junior Tennis Pickleball 6-8 pm Strength 5:30pm <i>Kidz Camp 8am-5pm</i> Pool Open 11am-8pm	16 Hit w/Pro Tennis 6-8pm Strength/Cardio 8:00am Water Zumba 8:30am <i>Kidz Camp 8am-5pm</i> Pool Open 11am-8pm	17 Junior Tennis Awards Banquet Strength 5:30pm <i>Kidz Camp 8am-5pm</i> <i>Chef Tim's Sundaes!</i> Pool Open 11am-8pm	18 Water Zumba 9:30am <i>Kidz Camp 8am-5pm</i> Pool Open 11am-8pm	19 Pool Party! Pool Open 11am-8pm
20 Pool Open 11am-8pm	21 Strength/Cardio 8:00am Pool Open 11am-8pm No Lifeguard 11-3:30pm Guard / Snack Bar Open 3:30pm-8pm	22 Strength 5:30pm Pool Open 11am-8pm No Lifeguard 11-3:30pm Guard / Snack Bar Open 3:30pm-8pm	23 Water Zumba 8:30am Strength/Cardio 8:00am Pool Open 11am-8pm No Lifeguard 11-3:30pm Guard / Snack Bar Open 3:30pm-8pm	24 Strength 5:30pm Pool Open 11am-8pm No Lifeguard 11-3:30pm Guard / Snack Bar Open 3:30pm-8pm	25 Water Zumba 9:30am Pool Open 11am-8pm No Lifeguard 11-3:30pm Guard / Snack Bar Open 3:30pm-8pm	26 Pool Open 11am-8pm
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September 2023

October 2023

Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1 Water Zumba 9:30am Pool Open 11am-8pm No Lifeguard 11-3:30pm Guard / Snack Bar Open 3:30pm-8pm	2 Pool / Snack Bar Open 11am-8pm
3 Pool / Snack Bar Open 11am-8pm	4 LABOR DAY Pool / Snack Bar Open 11am-8pm	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30